



E.C.O.S.E.P.



# 6<sup>TH</sup> CONGRESS OF ECOSEP

EUROPEAN COLLEGE OF SPORTS & EXERCISE PHYSICIANS

FROM LABS  
TO THE PITCH



**29/30**  
**Nov. 2019**

**INSEP**  
**PARIS - FRANCE**  
[WWW.INSEP.FR](http://WWW.INSEP.FR)

OPENING REGISTRATION ON LINE : **JUNE, 1ST 2019**

CONGRESS WEBSITES : **WWW.ECOSEP.EU** and **WWW.EA4SD.COM**



# PROVISIONAL PROGRAM

## FRIDAY 29 NOVEMBER

8.00 – 9.00

- REGISTRATION

9.00 – 10.00

- PLENARY SESSION : RESEARCH IN SPORT - FROM LABS TO THE PITCH

10.00 – 10.30

- PLENARY SESSION : OPENING CEREMONY

10.30 – 11.00

- STANDS VISIT - COFFEE BREAK

11.00 – 13.00

- ANKLE
- TEAM PHYSICIAN CHALLENGE
- EA4SD : GLOBAL SPORTS DENTISTRY DEVELOPMENT & SPORTS MEDICINE
- SPORTS PSYCHOLOGY

13.00 – 14.30

- STANDS VISIT - LUNCH BREAK

14.30 – 16.30

- TENDINOPATHIES
- ULTRA SPORTS SCIENCE
- FOUNDATION EXERCISE MEDICINE AND PREVENTION
- FLASH POSTERS 120 SEC
- EA4SD WORKSHOP : MODERN MOUTHGUARDS & NEW TECHNOLOGIES

16.30 – 17.00

- STANDS VISIT - COFFEE BREAK

17.00-18.30

- PLENARY SESSION : FRENCH-SPEAKING RESEARCH NETWORK FOR ATHLETE HEALTH PROTECTION & PERFORMANCE

## SATURDAY 30 NOVEMBER

8.30 – 10.30

- MUSCLE INJURY
- ATHLETE'S SPINE
- EA4SD : THE INTERACTION BETWEEN STOMATOGNATHIC SYSTEM & BODY
- PRINCIPLES OF FIELD OF PLAY MEDICAL COVER AND EMERGENCIES AND SPORTS EVEN MEDICAL COVER

10.30 – 11.00

- STANDS VISIT - COFFEE BREAK

11.00 – 13.00

- REGENERATIVE MEDICINE
- RECOVERY
- EA4SD : DENTAL INJURIES & PREVENTION IN SPORTS
- SPORTS NUTRITION
- WORKSHOP FC BARCELONA

13.00 – 14.30

- STANDS VISIT - LUNCH BREAK

14.30 – 16.30

- RETURN TO PLAY CRITERIA
- ACL
- WOMEN AND SPORTS
- JOINT SESSION WITH ESPRM SISC SPORTS AFFAIRS

16.30 – 17.00

- STANDS VISIT - COFFEE BREAK

17.00-18.30

- PLENARY SESSION : AWARD AND TAKE HOME MESSAGES